CRAFFT Adolescent Screener

1. Have you ever ridden in a car driven by someone (including yourself) who was high or had been using alcohol or drugs?
   Yes □    No □

2. Do you ever use alcohol or drugs to relax, feel better about yourself, or fit in?
   Yes □    No □

3. Do you ever use alcohol or drugs while you are by yourself alone?
   Yes □    No □

4. Do you ever forget things you did while using alcohol or drugs?
   Yes □    No □

5. Do your family or friends ever tell you that you should cut down on your drinking or drug use?
   Yes □    No □

6. Have you ever gotten into trouble while you were using alcohol or drugs?
   Yes □    No □

Scoring: 2 or more positive items indicate the need for further assessment.